





# April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1) While you dress your child, talk about the color of his/her clothes. Recite poem about clothes. Mary has a sweater, And it is blue. Mary has a sweater and it is... (Let your child say "blue"). <b>21-24 months</b> <b>4.COG</b></p>	<p>2) Spread a large beach towel on the floor. Sit your child on the towel and use the towel to pull her slowly across the floor. Pretend that your child is travelling in something. If it's a car, make a car sound. If it's a train, make a "choo choo" sound. <b>15-18m</b> <b>3. LT</b></p>	<p>3) Remove the lid from a large can that has no sharp or ragged metal edges. Show your child how to slip a clothespin on to the rim of the can. Give your child several clothespins to put on can, and then show her how to drop them into the can. <b>12-15m</b> <b>4.COG</b></p>	<p>4)</p> 
<p>5)</p> 	<p>6) Arrange two medium sized plastic bowls next to one another. Fill one bowl with water. Add food coloring if you choose to do so. Show your child how to put the baster into the water and squeeze the bulb. Show your child how to empty the baster into the second bowl. <b>21-24m</b> <b>1. ATL</b></p>	<p>7) Seat your baby in his/her chair and bring foods for him/her to sniff. Show a lemon to your child and say, "This is a lemon." Sniff and say, "Mmm, it smells good." Hold lemon under the child's nose and ask him/her to smell it. <b>15-18m</b> <b>4.COG</b></p>	<p>8) Place some paper cups in front of your child. Put a little bit of dry cereal in one cup and demonstrate how to pour the cereal from one cup to another. Let the child eat the dry cereal as a snack. <b>18m</b> <b>1. ATL</b></p>	<p>9) Talk with your child about what people around him are feeling. Naming the emotions your child sees helps him to begin to recognize and understand them. <b>36-48m</b> <b>2.SED</b></p>	<p>10) Lead your child through the steps of buttoning and unbuttoning and zipping and unzipping. Your child will become more confident with her personal skills of dressing and undressing. <b>36-48m</b> <b>5 .PD</b></p>	<p>11)</p> <p><b>Repeat a favorite activity from the week.</b></p>
<p>12)</p>	<p>13) With your child, practice throwing a ball into a bucket. Increase the throwing distance as his skills improve. Gradually, your child will gain more control in throwing. <b>36-48m</b> <b>5 .PD</b></p>	<p>14) Hand the baby a toy by first giving it to one hand, and then to the other. Pretty soon, the baby will begin to transfer the toy from one hand to the other all by himself. Show him by doing it to yourself. <b>6-12m</b> <b>5 .PD</b></p>	<p>15) Take two empty plastic liter bottles. Set up bottles like bowling pins and invite your child to use a soft ball to knock them down. <b>24m</b> <b>5 .PD</b></p>	<p>16) Gently stroke the infant's hands and feet while saying his/her name. Gentle touches help the infant feel safe and loved, and he will respond when hearing his name. <b>3-15m</b> <b>2.SED</b></p>	<p>17) Darken the room and turn on a flashlight or a penlight. Let the baby track the beam as it move around the room This can be very soothing for a fussy baby. <b>3-6m</b> <b>5 .PD</b></p>	<p>18)</p> 
<p>19)</p> <p><b>Repeat a favorite activity from the month.</b></p>	<p>20) Rub a feather across the baby's feet. Name the object and describe the feeling. For example, "This feather tickles your feet." <b>3-15m</b> <b>4.COG</b></p>	<p>21) Give your child pieces of paper to put on the sticky side of contact paper to make a delightful collage. Use a variety of textured paper so you can talk how they feel on your hands. <b>24-36m</b> <b>4.COG</b></p>	<p>22) Model behavior with baby dolls. Hug, pat, and kiss the doll, then let your child imitate your actions. Show your child how to be gentle with the doll such as combing doll's hair. <b>24-36m</b> <b>2.SED</b></p>	<p>23) Give children a variety of items in the kitchen such as pots, pans, and wooden ladles. Play music as a background. Encourage the children to make noise to the music. <b>18-36m</b> <b>3. LT</b></p>	<p>24) Give your child flattened &amp; unused coffee filters &amp; invite him/her to scribble or draw pictures on them using washable markers. Show your child how to spray water on his/her finished products &amp; watch the colors blend together. Allow to dry &amp; make flowers. <b>24-36m</b> <b>4.COG</b></p>	<p>25) <b>Notes: Songs &amp; Rhymes</b> <b>Wheels on the Bus</b></p> <p>The wheels on the bus go round and round Round and round, round and round The wheels on the bus go round and round All through the town Additional verses: Wiper go swish, swish, swish Baby goes wah, wah, wah People go up and down The horn on the bus goes</p>
<p>26)</p>	<p>27) When going outdoors, pretend to walk like an animal and imitate or mimic how animals walk. For example, "Walk like a penguin – model to your child how penguins walk." <b>18-36m</b> <b>1. ATL</b></p>	<p>28) Play name games by asking questions, such as "Where's Daddy?" or "Where's the high chair?" Encourage your child to point to the person or object. <b>6m</b> <b>4.COG</b></p>	<p>29) Make up a song to sing every meal or snack. Routines &amp; activities can help your child feel secure because they know what to expect during the day. <b>Infants &amp; Toddlers</b> <b>2.SED</b></p>	<p>30) At snack or meal time, offer dry cereal such as cheerios to your child. Let her pick up the pieces by herself as she eats. See if she will try to use her thumb and first finger rather than scooping with her whole hand. <b>12-18m</b> <b>5 .PD</b></p>		

## DEVELOPMENTAL DOMAINS:

- 1. ATL: Approaches to Learning-Self-Regulation** (engagement, self-control, curiosity)
- 2. SED: Social and Emotional Development** (relationships, social interactions, symbolic play)
- 3. LT: Language and Literacy Development** (communication, interest in books, letter & word knowledge)

- 4. COG: Cognition** (pattern, math, science, shapes)
- 5. PD: Physical Development-Health** (movement skills, safety, personal care, nutrition)