


AKA Summer Activity Weekly Guide

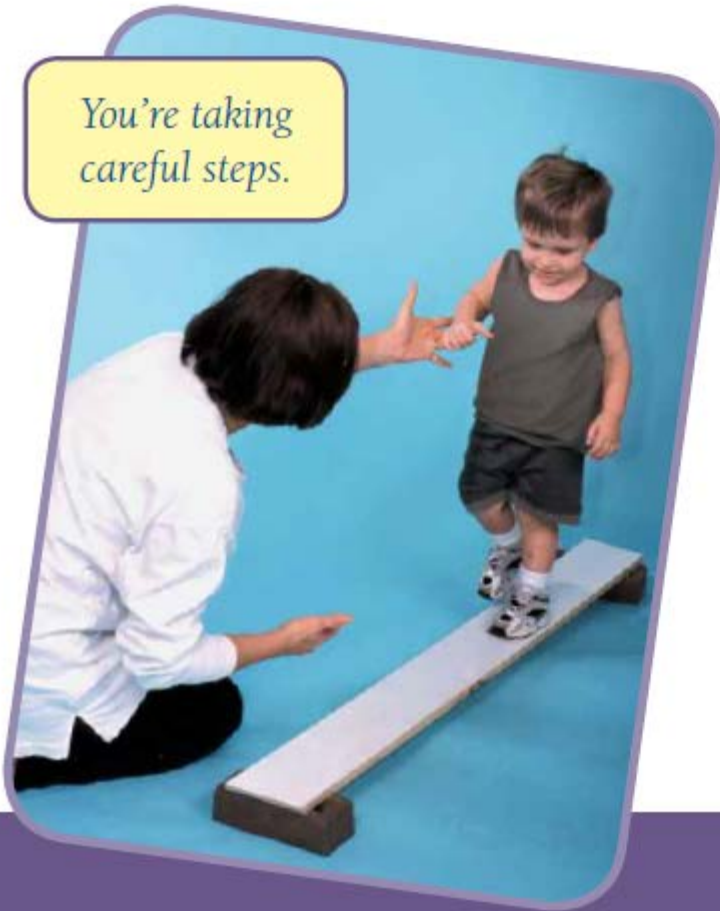
OVERVIEW:

Young children build school readiness skills through meaningful everyday play and authentic experiences. Use this activity guide for fun summer learning.

BOOK	Bugs! Bugs! Bugs! https://www.youtube.com/watch?v=H6HKKXuzOIk	
SONG	Wash The Germs Away (To the rhythm of Five Little Monkeys) _____	
GROSS MOTOR	Trying New Motions Game 64	
ACTIVITY	Toys Peeking Out Game 68	
SOCIAL EMOTIONAL SUPPORT	Plan Ahead: Try to anticipate what your child may do or need in various situations. Make sure that you plan ahead to set your child up for a successful experience. Hope for the best, but plan for the worst. Always have a back-up plan! www.cainclusion.org	

Trying New Motions

You're taking careful steps.



Show your child how to walk sideways, backward, or across a low bridge.

Your child's skill level and confidence will increase as he learns to control his body while moving in challenging ways.

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Why this is important

Your toddler is now able to take on several new physical skills. He will learn that he can move his body in new ways. Learning how to coordinate different motions will help him with activities such as riding a tricycle or swinging.

What you do

- Walk a few steps backward while your toddler watches you. Talk about the movement. *I'm walking backward. Would you like to hold my hand and walk backward, too?*
- Try walking sideways together, or crawling on your hands and knees.
- Make a bridge from a wide board and two bricks. Help him stand on one end, then go to the other end and encourage him to walk to you. Hold his hand if needed, and offer positive feedback when he reaches the other end. *You made it to the other side!*

Another idea

Sing songs to offer another way for your child to try new movements. *If you're happy and you know it turn around.*

Let's read together!

If You're Happy and You Know It, Clap Your Hands!
by David Carter

Toys Peeking Out

*What could
this be?*



Encourage your child to identify a toy by seeing just one part of it.

This requires your child to notice identifying characteristics and then remember the whole object.



*Can you find
the doll?*

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Why this is important

Recognizing part of an object requires your child to remember the whole object. This process is called visual closure. Visual closure is used in many tasks in life, including reading. When she can say the name of the hidden object, she is expressing what she knows using her growing vocabulary.

What you do

- Show your child one familiar toy covered with a towel. Make sure a part of the toy, like the wheel on a truck, can still be seen. Let your child uncover the toy and play with it.
- Make the game harder by partially covering two different objects such as a doll and a toy car. Hide them under the towel and ask your child to find the doll. *Do you know where the doll is? Can you find it for me?*
- If she does not see the doll, uncover more of it to make it easier to find. Repeat the game until she can easily locate each item.
- Invite your child to use language during the game. As she chooses an object, ask her to name it before she takes it from its hiding place. *Can you tell me what you found? If she doesn't know the name of the toy, offer help. You found the doll! Can you say doll?*
- Give her time to play with the toy before repeating the game.

Let's read together!

Hide and Snake
by Keith Baker

Ready to move on?

Add more toys to the game so that she has a few more to choose from. You can also add toys or household items that are less familiar to her and therefore harder to recognize.