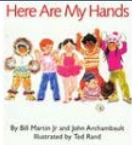


AKA Summer Activity Weekly Guide

OVERVIEW:

Young children build school readiness skills through meaningful everyday play and authentic experiences. Use this activity guide for fun summer learning.

BOOK	Here Are My Hands https://www.youtube.com/watch?v=ivf3IsR0RLM 
SONG	Head, Shoulders, Knees, and Toes https://www.youtube.com/watch?v=h4eueDYPTIq
GROSS MOTOR	Touch Your Toes Game 43
ACTIVITY	Choosing Lids Game 58
SOCIAL EMOTIONAL SUPPORT	Acknowledgment: Ask open-ended questions. Being curious encourages the child to reflect. "What do you like best about your tower?" or "How did you know to put the puzzle piece there?" Asking open-ended questions builds language and engages the children in abstract thinking. www.cainclusion.org

Touch Your Toes

Touch your toes.



Invite your child to touch parts of her body while you touch and name yours.

Your child will learn about herself and better understand the name that goes with each body part.

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Why this is important

When your child learns the names of her body parts she is getting to know herself better. By repeating the name several times, you encourage her to try to say the name. In naming and locating the various parts of her body, your child becomes more aware of herself as an individual.

What you do

- Touch your ears while saying: *I'm touching my ears. Can you touch your ears?* In the beginning, choose familiar parts such as ears, tummy, or toes.
- Give her plenty of time to respond, and repeat the word if needed. She will follow your lead but may be slower in touching the right spot because she has to see where it is first. If she needs help, gently guide her hands to the body part.
- Invite her to lead the game as you name the parts after she points to them. This gives her a chance to hear the words for those parts she may not know the names of yet.
- Encourage her to repeat the word as she points to that part of her body. *Tummy. You are pointing to your tummy. Can you say tummy?*

Another idea

Turn the game into a song that involves body movement. Try a simple version of "Looby-Loo" or "Hokey Pokey." You can add new verses as she learns the words for more body parts.

Let's read together!

From Head to Toe
by Eric Carle

Choosing Lids

*You found a lid
that fits just right!*



Offer your child a variety of jars with screw-on lids and talk about what he's doing as he experiments with them.

Your child will practice turning the lids to open and close them and may begin to make thoughtful choices about which lid to use for each jar.

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Why this is important

Giving your child the opportunity to experiment with containers and screw-on lids encourages him to use a trial-and-error approach to solving a problem. When given choices, your child may choose randomly at first. However, through repetition, he will begin to develop problem-solving skills and make more selective choices. This activity also encourages him to coordinate his hands to help him select and screw on the lids.

What you do

- Show your child a plastic container with a screw-on lid. Slowly unscrew the lid so that he can see the motion.
- Drop a toy in the jar and replace the lid so that it will open easily.
- Encourage him to get the toy out of the container. If he does not try to unscrew the lid, place your hand over his and open it together. *We use our hands to turn the lid. Now it's open.*
- Notice how he tries to screw the lid back on. He may just push the lid onto the container. With practice, he will be able to use his hand to successfully turn and close the lid.
- Talk about what he is doing. *You're turning the lid to close it.*
- Provide time for him to play with the containers, lids, and toys while he practices his new skill.

Let's read together!

Elephants on Board
by Suse MacDonald

Ready to move on?

Give your child several small containers with various kinds of lids. Give him small objects to put in the containers. Offer direction when needed, but let him choose how to play with the objects. Talk to him about the choices he is making. *You put the small lid on the small jar and the big lid on the big jar!*