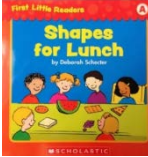


AKA Summer Activity Weekly Guide

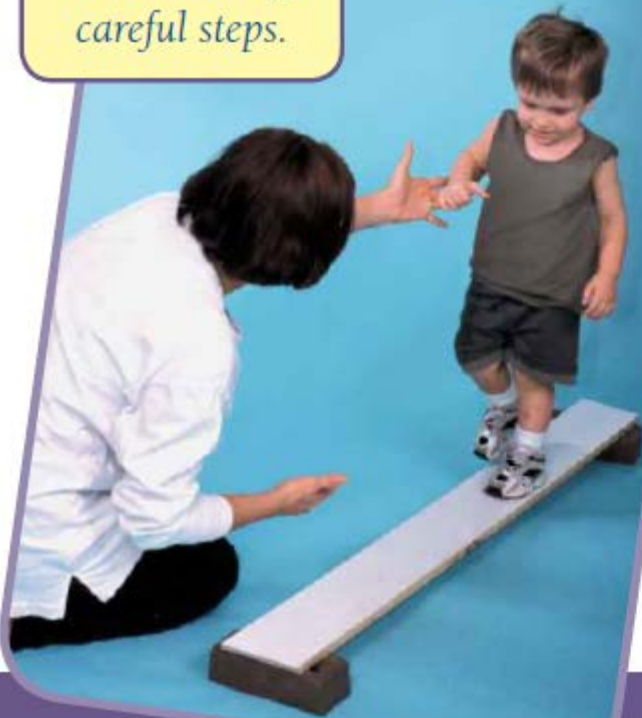
OVERVIEW:

Young children build school readiness skills through meaningful everyday play and authentic experiences. Use this activity guide for fun summer learning.

BOOK	Shapes for Lunch https://www.youtube.com/watch?v=YY6YGQy9fEE	
SONG	Sing Along Shapes Song https://www.youtube.com/watch?v=w6eTDfkyPmo	
GROSS MOTOR	Trying New Motions Game 64	
ACTIVITY	Matching Shapes Game 52	
SOCIAL EMOTIONAL SUPPORT	Keep Your Expectations Realistic: It is important for you to know and understand your child's abilities and limitations. When you expect too much or too little from your child it can lead to problems and frustrations for you both. www.cainclusion.org	

Trying New Motions

You're taking careful steps.



Show your child how to walk sideways, backward, or across a low bridge.

Your child's skill level and confidence will increase as he learns to control his body while moving in challenging ways.

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Why this is important

Your toddler is now able to take on several new physical skills. He will learn that he can move his body in new ways. Learning how to coordinate different motions will help him with activities such as riding a tricycle or swinging.

What you do

- Walk a few steps backward while your toddler watches you. Talk about the movement. *I'm walking backward. Would you like to hold my hand and walk backward, too?*
- Try walking sideways together, or crawling on your hands and knees.
- Make a bridge from a wide board and two bricks. Help him stand on one end, then go to the other end and encourage him to walk to you. Hold his hand if needed, and offer positive feedback when he reaches the other end. *You made it to the other side!*

Another idea

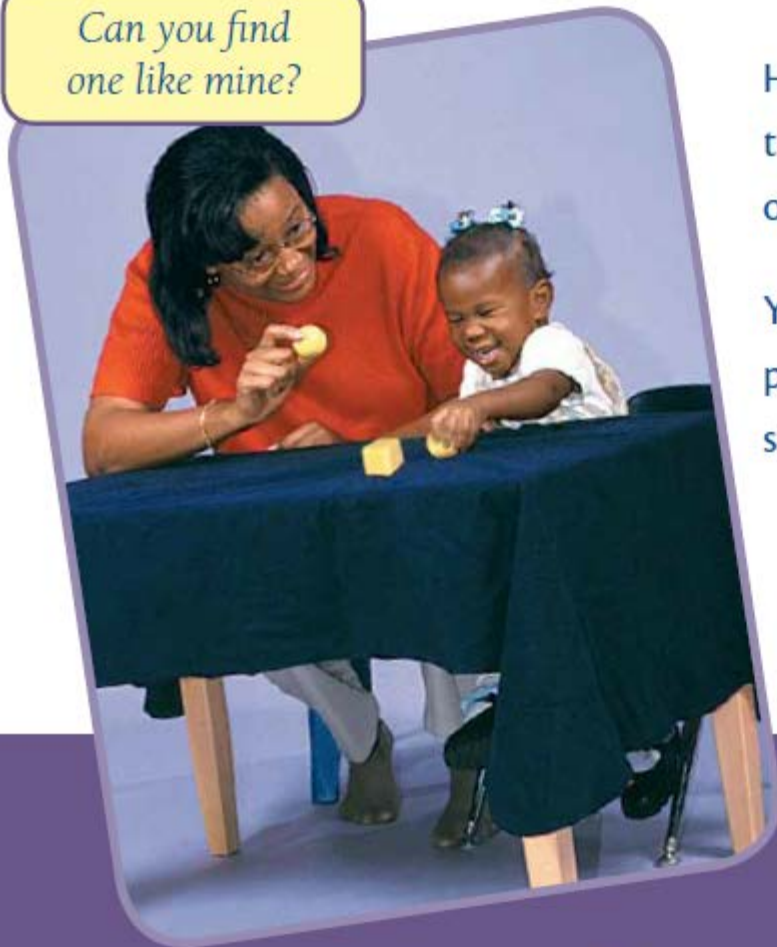
Sing songs to offer another way for your child to try new movements. *If you're happy and you know it turn around.*

Let's read together!

If You're Happy and You Know It, Clap Your Hands!
by David Carter

Matching Shapes and Sizes

Can you find one like mine?



Help your child notice two things that match in a set of three items.

Your child may begin to pay closer attention to similarities and differences.

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Why this is important

This game will help your child notice the similarities and differences in objects. When asked to choose or identify an object, she must focus on an item's identifying features (hard, soft, round, straight, big, small, etc.). Noticing these special features helps your child recognize new objects and compare them to things she has seen before. Practicing with three-dimensional objects that she can hold and explore will also help prepare her to notice the distinctive features of two-dimensional items such as letters on a page.

What you do

- Offer your toddler three objects of the same size and color. Two of them should be the same shape, such as two yellow balls and a yellow block. Talk about each object she picks up. *That is a smooth, round ball. It's yellow.* Point out the two similar objects.
- Pick up one of the two similar objects and hold it up for her to see. Ask her to find the other one. *Can you find one like this?* When she finds it, hold your hand next to hers so that she can see the objects together.
- Provide encouragement if she chooses the different object. *You found the one that is different. This other one is like mine. See, it's round.*
- Speak lovingly each time she chooses, even if she chooses the object that doesn't match. At first she may choose randomly until she understands the game. Give her many opportunities to play.

Another idea

Some items that work well for matching shapes are: spoons and forks, balls and blocks, or round and square plastic lids. To practice with items of varying sizes, try big and little spoons, plastic cups, or socks.

Let's read together!

Mouse Shapes
by Ellen Stoll Walsh